

# Practice Information for Therapy

## Confidentiality

Everything you tell me about your child is confidential. This means that nothing will be revealed without your consent. If I need to communicate with your child's school or with other professionals who work with your child I will ask you to sign a release of information. Your child and I will likely do some individual work together. Older children (over age 12) often like to feel that what they tell me will be kept confidential. In these cases I will keep the confidence of your child unless I feel that certain information is important for you to know. In these cases I will discuss with your child whether they would like me to tell you the issue of concern or whether they would like us to do this together.

There are some exceptions to confidentiality: if you plan to pay for all or part of your child's treatment with insurance, the insurance carrier has a right to know certain basic information, such as a diagnosis and the dates of your sessions. Some managed care companies require more information on an ongoing basis in order to conduct utilization review.

Other exceptions to confidentiality are child abuse and neglect, dangerous behavior directed toward other people and potential suicide.

## Sessions

Each session lasts for 50 minutes, beginning on the hour and ending 10 minutes before the next hour. I make every effort to start and end sessions on time. Charges for phone and/or e-mail communication will be discussed on a client to client basis.

## Fee

My fee is \$140 per session. I ask that you pay at each session. I will provide you with a monthly statement that includes all information needed to file for insurance reimbursement and income tax purposes.

## Vacations

Please give me advance notice if your family will be away on vacation. When I go on vacation or to a conference, I will let you know several weeks in advance. I am happy to reschedule sessions whenever possible.

## Missed Sessions

If you need to cancel a session for a reason other than illness, I ask that you give me at least 24 hours notice so that I can attempt to fill your child's time. If a session is missed or canceled without 24 hour notice you are responsible for paying for the missed session.

## Emergencies

In the case of an emergency I ask that you call 911 and/or proceed to your nearest emergency room. Please also leave me a voice mail at 773-244-3151 and I will return your call as

soon as I am able. When I am out of town I will have someone else cover for me; I will let you know who that person is and how you can reach them.