

Practice Information

Confidentiality

Everything you tell me is confidential. This means that nothing will be revealed without your consent. Even the fact that you are in treatment is confidential. However, there are some exceptions: if you plan to pay for all or part of your treatment with insurance, the insurance carrier has a right to know certain basic information, such as a diagnosis and the dates of your sessions. Some managed care companies require more information on an ongoing basis in order to conduct utilization review.

Other exceptions to confidentiality are child abuse and neglect, dangerous behavior directed toward other people and potential suicide.

Sessions

Each session lasts for 50 minutes, beginning on the hour and ending 10 minutes before the next hour. I make every effort to start and end sessions on time.

Fee

My fee is \$140 per session. I ask that you pay at each session. I will provide you with a monthly statement that includes all information needed to file for insurance reimbursement and income tax purposes. Charges for phone and/or e-mail communication will be discussed on a client to client basis.

Vacations

Please give me advance notice if you will be away on vacation. When I go on vacation or to a conference, I will let you know several weeks in advance. I am happy to reschedule sessions whenever possible.

Missed Sessions

If you need to cancel a session, I ask that you give me at least 24 hours notice so that I can attempt to fill your time. If a session is missed or canceled without 24 hour notice you are responsible for paying for the missed session.

Emergencies

In the case of an emergency I ask that you call 911 and/or proceed to your nearest emergency room. Please also leave me a voice mail at 773-244-3151 and I will return your call as soon as I am able. When I am out of town I will have someone else cover for me; I will let you know who that person is and how you can reach them.